

Year 10 HEALTH RELATED BEHAVIOUR SURVEY

Dear Parents and Carers

SHEU HEALTH RELATED BEHAVIOUR SURVEY

Our school, along with several others in Norwich and Norfolk, has agreed to participate in a region wide Health Behaviour Survey amongst young people.

The survey method that we are using has been developed by the Schools Health Education Unit, Exeter and has been in use now for over 30 years. Over 3000 schools have used the survey. The survey has been designed to ensure it is both accessible and appropriate for students in year 10 to complete.

The questions concern a wide range of health behaviours, for example:

**Home and family
and well-being
Tobacco & Alcohol
Drugs
Healthy Eating**

**Relationships, emotional health
Leisure and money
Sexual health
Exercise**

The Local Authority and Public Health will be able to use the survey to develop a reliable database upon which it can objectively plan health care provision for young people. The school will also receive anonymous cohort feedback from the survey to help inform our personal, social and health education curriculum.

Each questionnaire is anonymous and confidential, and no pupil will be identified when the data is analysed for the school. The Local Authority will receive only the summary of all schools in which individual schools are not identified. Data Protection concerns are covered in the Privacy Notice for pupils produced by SHEU, which can be found attached to this newsletter.

Your son/daughter will be asked to input their postcode when completing the survey to allow the data to be analysed against area codes, individual responses will not be associated to the students home address.

The survey will be carried out in lesson time in the week commencing 10th December 2018. I hope you will agree with us that this is an exercise in which we wish to co-operate fully. If you have any questions or you wish your son/daughter not to take part in this survey please contact the school by Tuesday 11th December.

Kind regards
Mrs Sarah Jarvis
Assistant Principal and NOA School Lead

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